

# Are you in one of these groups?

- A child between 6 months and 18 years old?
- A parent or caretaker of a child less than 6 months of age?
- Pregnant?
- Taking medicine that decreases immunity?
- Less than 25 years old and have asthma, diabetes, heart disease, kidney disease or other chronic illness?

**If you said “Yes” to any of these questions, you should get a 2009 H1N1 (“Swine”) Flu vaccine NOW!**

Come to the TCRHCC Flu Shot Clinic at the Medication Pharmacy Refill Building (located east of the medical center), Monday thru Friday from 8:30 AM- 12:00 PM, and 1:00 PM- 4:00 PM, excluding holidays.

**No Appointments Necessary**

*Keep checking [www.tchealth.org](http://www.tchealth.org) or call the Flu Clinic at (928) 283-1439 for the latest information.*



**Tuba City**  
Regional Health Care Corporation